

COUNSELING PROGRAM  
UNIVERSITY OF NORTH TEXAS

**EDSS 5690 Practicum in Counseling**  
Course Syllabus

1. Goal of the Course: Students will develop and demonstrate an integration of counseling theory and skills, utilizing a guiding theory of counseling, session and case management, and ethical and legal conduct.
2. Learning Objectives: The student will be expected to demonstrate the following competencies:
  1. Ability to develop and maintain a facilitative and ethical counselor-client relationship.
  2. Ability to respond to a client at a facilitative level.
  3. Ability to conceptualize clients from the basis of a guiding theory.
  4. Ability to assist clients in movement toward achievement of their goals, utilizing effectively both basic and advanced counseling skills, techniques, and procedures consistent with students' guiding theory.
  5. Ability to critique counseling abilities of self and fellow students in a manner that enhances counseling abilities.
  6. Ability to terminate or refer clients based upon clients' needs and students' competencies.
  7. Ability to write interview summaries, case conceptualizations, and reports, including DSM-IV diagnosis.
  8. Ability to adhere to ACA ethical standards.
- i. Ability to participate constructively in supervision, including use of supervisory feedback to modify subsequent counseling behavior.
- j. Technological competency with word processing in writing summaries and other reports. Also in ability to use vidoetaping equipment for session taping and supervisory feedback.

The University of North Texas College of Education does not discriminate on the basis of disability in the recruitment and admission of students, the recruitment and employment of faculty and staff, and the operation of any of its programs and activities, as specified by federal laws and regulations. The designated liaison for the Counseling Program is Dr. Jan Holden, Room 155, Stovall Hall. Copies of the College of Education ADA Compliance Document are available in the Dean's Office, Matthews Hall 214.

The student has the responsibility of informing the course instructor of any disabling condition which will require modifications to avoid

3. Methods of Instruction:

Students will provide direct counseling services to clients. They will be supervised in triadic, individual, and group supervision. Students will keep records for clients and write cases conceptualizations for clients. Lecture, group discussions, micro-counseling sessions, observation of and provision of feedback to fellow students, and viewing of videotapes of students' sessions will also be utilized in the practicum experience.

4. Required Texts and/or Readings:

Required Text:

Counselor Education Program, (2001) *Counseling Practicum Handbook: EDSS 5690*. Denton, TX: University of North Texas.

5. Student Evaluation Performance Criteria and Procedures: Students are formally evaluated at midterm and at the end of the practicum experience. The Professional Counseling Performance Evaluation form is utilized to provide formal feedback. Students must display counseling abilities commensurate with at least a "B" grade in order to complete the practicum experience. (CACREP III.G.4)

### Class Content

- A. Students provide direct service to clients from the university community and from the community at large. Students will videotape all sessions. Students will prepare case files for each client. Students will complete a total of 40 hours of direct service, including direct service hours obtained from previous or concurrent courses involving clinical experience that utilizes advanced clinical skills (EDSS 5660 Advanced Counseling Techniques, EDSS 5740 Group Counseling, EDSS 5800 Activity/Group Play Therapy, EDSS 6630 Advanced Play Therapy, EDSS 5000 Filial Therapy, EDSS 5590 Couple Counseling, and EDSS 5560 Biofeedback Practicum). A minimum of 5 of these hours must be provision of group counseling. (CACREP II.K.5.f, III.G.1)
- B. Students receive an average of one hour per week of individual and/or triadic supervision by the instructor and/or by a doctoral student working under the supervision of the instructor. (CACREP III.G.2)

- C. Students receive an average of 1 ½ hours per week of group supervision by the instructor and/or by a doctoral student working under the supervision of the instructor. (CACREP III.G.3)
- D. Students are formally evaluated at midterm and at the end of the practicum experience. The Professional Counseling Performance Evaluation form is utilized to provide formal feedback. Students must display counseling abilities commensurate with at least a “B” grade in order to complete the practicum experience. (CACREP III.G.4)
- E. Lecture, group discussions, micro-counseling sessions, observation of and provision of feedback to fellow students, and viewing of videotapes of students’ sessions will also be utilized in the practicum experience. Students will also write case conceptualizations for clients including DSM V diagnoses. (CACREP II.K.7.h; Community Counseling Standards C. 4, 5; College Counseling Standards C.9)

**STUDENTS ARE REQUIRED TO CARRY PROFESSIONAL LIABILITY INSURANCE FOR THIS COURSE. PLEASE CONSULT YOUR INSTRUCTOR.**