

## LESSON PLAN

Name:

Grade:

Activity

Class Size

Equipment:

Time Allotment:

Date: Lesson number \_\_\_\_ in the unit

**Student Objectives:** (By the end of the lesson today, students will be able to:)

**Psychomotor Domain**

**Cognitive Domain**

**Affective Domain**

**TEKS to be achieved**

**Subject Area for TAKS**

**Teachers Goals/Objectives** (Identify 1 –3 teaching skills/goals you want to emphasize today)

Lesson Outline	Activity	Time	Organization	Points of Emphasis Knowledge & Understandings Teaching Cues

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**To Be used during evaluation.**  
**EVALUATING THE LESSON**

Self-evaluation is an important part of being a reflective teacher. Ask yourself these 10 questions at the end of each class. Circle the appropriate response and make comments about changes that would improve the lesson. (Hint: when you first begin teaching ask you cooperating teacher to complete this form and discuss it with you after you teach a lesson).

1. Did I plan adequately? Yes No  
If not, what change is needed?

2. Did I have equipment ready before the students' arrival? Yes No  
If equipment distribution was not efficient, how can I change it?

3. Did I get the students attention and maintain it during instruction times?  
Yes No If not, how can I improve this?

4. Did I move around the entire gymnasium during the lesson? Yes No

5. Was I excited and enthusiastic about the lesson? Yes No

6. Did I give positive feedback to every student, using first names? Yes No  
If not, what are my plans to improve this?

7. Did I give specific skill related feedback using critical cues? Yes No

8. Did I keep all students on task? Yes No  
If not, how can I modify the lesson in order to help students stay on task?

9. Did I help students who needed individual assistance? Yes No

10. Did I allow for maximum practice? Yes No

If not, how can I increase opportunities for practice but without increasing practice time?

11. Did I allow for student creativity? Yes No

12. Was there a definite closing for the lesson? Yes No

13. Was assessment used at any time during the period? Yes No

If not, how could some group or individual assessment be added?

14. Did I present any cognitive information in the lesson? Yes No

If not, is there some cognitive information that should be added?

15. Did I meet all objectives? Yes No

If you can answer YES to every question at the end of your class, chances are your lesson was very effective. However, a NO response to any question could signal decreased effectiveness. Before going to the next class, correct any downfalls you may have had. Often making a correction in just one area helps improve several of the others.